

**CHRIST CHURCH SCHOOL  
WORKSHEET 3 REVISION**

Name: \_\_\_\_\_

Roll No: \_\_\_\_\_

Subject: SCIENCE

Date: \_\_\_\_\_

STD 4: A B C D E F G

**Topic: Food We Eat/ Teeth**

**I. Fill in the blanks:**

1. Food is essential for our\_\_\_\_\_.
2. Gum disease is also called\_\_\_\_\_.
3. Foods like nuts, oils, butter and red meat are sources of\_\_\_\_\_.
4. Inside the dentine is the soft tissue called the\_\_\_\_\_.

**II. Match the column:**

**A**

**B**

- |                   |                                                          |
|-------------------|----------------------------------------------------------|
| 1. Fats           | (a) is a natural supplement that aids in weight loss.    |
| 2. Protein powder | (b) help in insulating the body.                         |
| 3. Roughage       | (c) food that helps in maintaining health and feel good. |
| 4. Nutrients      | (d) undigested part of a plant food that we eat.         |

Ans 1\_\_\_\_,2\_\_\_\_,3\_\_\_\_,4\_\_\_\_\_

**III. Define:**

1. Canines

Ans \_\_\_\_\_

\_\_\_\_\_

2. Incisors

Ans \_\_\_\_\_

\_\_\_\_\_

**IV .Write a short note on:**

## 1. Food Wastage

[illegible]

### V. Answer the following:

### 1. Why are vitamins and minerals important for our body?

[illegible]

2. Describe the structure of the tooth.

[illegible]

## VI. Value Based Question:

### 1. How can we avoid wastage of food at home?

[illegible]

## VII. Application Based Question

## 1. How can we take good care of our teeth?

**Ans**